

Bernards Camping Checklist

CLOTHING

Clothing								
Item	Person 1:.	V	Person 2:	<u>.</u>	Other	$\overline{\mathbf{V}}$		
Hat	Xmas Pud				Quick Dry Towel			
Waterproof Coat	Orange Kayak				Sleeping Bag			
Hoodie/Jumper	Blue Lite Weight				Sleeping Mat x2			
Tshirt	3: Blue/Camo/ Black							
Gloves	Small Magic Ones							
Trousers	Camo & Jean Shorts							
Waterproof Trousers	Black							
Underpants	x Large Ones							
Socks	x Work Ones							
Shoes	Hiking & Sandles							
Toiletries								
Item					Other	$\overline{\mathbf{V}}$		
Wet Wipes	(Jackson Reece's Herbal Biodegradable)							
Dry Shampoo	(Batiste's Cherry)							
Liquid Soap	(Dr. Bronners 18-in-10 Hemp Peppermint)							
Shampoo Bar & Tin	(Lush's Snow Fairy)							
Hand Gel	(Cussons Carex Aloe Vera)							
Toothpaste	(Arm & Hammer Baking Soda)							
Toothbrush								
Tissues								
Deodorant								
Loo Roll								
Electronics								
Item				V	Other	$\overline{\mathbf{V}}$		
Portable charger	(Urbo Digital Luggage Scale 6000mAh)							
Phone charger cables	(iPhone/USB-C/USB-B)							
USB fairy lights	(AA Pack, USB Pack & Luci Solar String Lights)							
Torches	(Headtorches, Handtorch)							
Bluetooth speaker								
Mobile Phones								
Mosquito Light								
Fire/Cooking								
Item				V	Other	$\overline{\mathbf{V}}$		
Kindle					x Wooden Knife			
Coal					x Wooden Fork			
Fuel - liquid:	(Vango Bio-Ethanol)				x Wooden Spoon			
Fuel - gas:	(Butane 220g Tall Cartridge/IsoButa	ne-Pro	pane Fat C200 Can)		x Napkins			
Trangia	(2x Saucepan, Frying Pan, Kettle & C	Gel Pot			1x Spatula			
Uno Portable Gas Stove	(Grey Square)			+-	1x Tea Towel			
Mini Fold Up Stove	(Red Box)			 				
Mug Handle Stove	(Red & Black Powerfix)							
Fire Lighter								

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Food List					
Day 1:	[_21st_day]	Meal	V	Other	$\overline{\mathbf{V}}$
At Home		(Breakfast)			
		(Breakfast)			
		(Breakfast)			
		(Breakfast)			
Sandwich		(Lunch)		Water Bottle	
		(Lunch)		Nuts	
		(Lunch)		Flapjack	
Pasta		(Evening)		Olive Oil	
		(Evening)		Cuppa Soup	
		(Evening)		Herbal Tea	
		(Evening)			
Day 2:	[day]			Other	V
Eggs, Bacon, Mushrooms		(Breakfast)		Coffee	
Porridge		(Breakfast)		Tea	
	_	(Breakfast)			
		(Breakfast)			
		(Lunch)			
		(Lunch)			
		(Lunch)			
		(Evening)			
Day 3:	[day]		<u> </u>	Other	
Day 3.	day]	(Breakfast)		Other	
		(Breakfast)			
		(Breakfast)			
		(Breakfast)			
		(Lunch)			
		(Lunch)			
		(Lunch)			
		(Evening)			
Day 4:	f doub	(Everinig)		Other	
Day 4:	[day]	(Breakfast)	V	Other	
		(Breakfast)			
		(Breakfast)			
		(Breakfast) (Lunch)			
		i (Lunch)			
		(Lunch)			
		(Lunch)			
		(Lunch) (Lunch)			
		(Lunch) (Lunch) (Lunch) (Evening)			
Fast Food Drive- in		(Lunch) (Lunch)			

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TRAVEL

Days	Date	Country	City/Village	Details	Transpor	Hrs/Km	Depart	Arrive	Cost
Day 1		Spain	As Pontes		Car	3h/340k	08:00	11:00	50
	1024								
	ober 2								
D	Octr								
	2								
Day 2									
Da									
3									
Day 3									
Day 4									
۵									
2									
Day 5									
					То	tal Cost:			£0.00

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COSTS

Costs:		
Areas	Total in £:	V
Travel Fuel (£110 (x 4.5) =	e.g. 18.56	
Travel Fuel = $(\cos t \text{ of fuel per litre } x \text{ 4.5})$ $\cos t \text{ of fuel per gallon}$ X $(trip distance / fuel consumption (mpg))$		
Cooking Fuel (£Gas + £Gel)		
Food (£ Person 1 + £ Person 2 + £ Person 3)		
Campsite Fee		
(
(Cold / Hot Showers & Toilets)		
(Campfire)		
Wood		

Notes	

